

## Benefits of a Diagnosis

- Studies have shown that with early diagnosis and appropriate supports, the incidence of poor socialization, involvement with the law, behavior and addictions problems decreases.
- Individuals with FASD may not respond predictably to traditional treatments due to the nature of their disability. Diagnosis allows for appropriate intervention.
- With a diagnosis, there may be access to funding and support services not otherwise available.
- Individuals and their families will feel relief once they have the knowledge that the problems they are experiencing are due, in large part, to a medical condition and not the person.

## Mission Statement

*Providing quality services to individuals with diverse needs by encouraging opportunities for growth, development and community support.*

## Accredited Supportive Living Services Limited's

### *FASD Diagnostic Services*

serves a large portion of Alberta's Northwest

## Contact Information

**Fairview, Grimshaw, Berwyn, Nampa, Peace River, Dixonville, Manning, and Surrounding Areas:**

**ASLS  
Diagnostic Services**  
Box 5006, 9604 – 96 Street  
Peace River, AB T8S 1R7  
Phone: 780.624.1943

**Grande Prairie, Spirit River, La Glace, Wembley, Beaverlodge, Hythe, Grande Cache and Surrounding Areas:**

**ASLS  
Diagnostic Services**  
#205 10006-101 Avenue  
Grande Prairie, AB T8V 0Y1  
Call Toll Free 877.539.0433  
Phone: 780.539.0433 ext. 110

*We believe everyone deserves the opportunity that enables them to live to their full potential so they may flourish mentally, physically, emotionally, socially and spiritually.*

The FASknot on the cover is the official symbol of FASworld  
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***FASD Program:  
Diagnostic Services***



[www.aslslimited.org](http://www.aslslimited.org)



# Accredited Supportive Living Services Limited

## FASD Diagnostic Services



### FASD Diagnostic & Intervention Team

The FASD Diagnostic and Intervention Team consists of a group of trained professionals committed to an integrated approach to diagnosis and case management.

Members include a physician, a psychologist, and other health care and human resource providers.

### Course of ACTION

- Contact the FASD Diagnostic Coordinator in your area
- A referral is formally documented
- Eligibility is assessed
- Intake is completed (i.e. paperwork)
- Assessments are conducted
- The FASD Diagnostic & Intervention Team meets to discuss the case results.
- A final diagnosis is determined by the Physician.
- Recommendation plans for intervention are developed by the team.



### Other Resources

#### Alberta Health Service - Alcohol and Drug Abuse Services (formerly AADAC)

Peace River 780.624.6193  
Grande Prairie 780.538.5210

#### Region 8 Northwest Alberta Children and Youth Services (CYS)

Peace River 780.624.6460  
Grande Prairie 780.538.5122

#### Health Link AB

(toll free/ 24hrs a day)  
1.866.408.LINK (5465)

#### Mother Risk Help Line

(toll free)  
1.877.FAS.INFO (327.4636)

### Websites Links

- [www.ccsa.ca](http://www.ccsa.ca)
- [www.aadac.com](http://www.aadac.com)
- [www.child.alberta.ca](http://www.child.alberta.ca)
- [www.hc-sc.gc.ca](http://www.hc-sc.gc.ca)
- [www.motherisk.org](http://www.motherisk.org)
- [www.fasdcanada.com](http://www.fasdcanada.com)
- [www.fasworld.com](http://www.fasworld.com)
- [www.lakelandfas.com](http://www.lakelandfas.com)
- [www.region6fasd.ca](http://www.region6fasd.ca)
- [www.fasalaska.com](http://www.fasalaska.com)

## The Issue: Why Do Pregnant Women Drink?

- Planned or unplanned, many women do not immediately know they are pregnant. They may not find out until weeks or even months have passed.
- Some women are not able to stop drinking on their own. They require support and assistance to cut down or abstain from alcohol. In addition, some women are too frightened to ask for help because they are pregnant and don't want to be judged. Problem drinking is a symptom of a greater problem – it is often a way of coping with difficult or traumatic life situations such as abuse (e.g. physical, mental, sexual, etc).
- Lack of and/or misinformation is another reason why some pregnant women drink. Some women simply do not know the facts, some are not aware of the current findings, and others receive conflicting information.

### Eligibility

- The individual resides within the service area of Region 8 Northwest Alberta Children and Youth Services (CYS).
- Information is available about Birth Mother's alcohol consumption during pregnancy.
- The individual must demonstrate 2 to 3 of the following deficits:
  - ✎ Behavioural Problems
  - ✎ Cognitive Problems
  - ✎ Difficulties with basic functional skills of living
- No previous medical diagnosis of any of the Fetal Alcohol Spectrum Disorders.
- Willingness to participate.
- The individual is NOT receiving services from a similar program that would lead to duplication of service.