



# ASLS Family/Foster Support Monthly Newsletter



## FEBRUARY

### The Family as the Employer

I just wanted to talk a bit about the family being the employer of the respite aide. Although ASLS does the hiring (or helps with hiring), administers payroll, and keep employee files; the family is actually the employer in the Family Support Program. This means that if you have any concerns with employee behavior you must document when/what happens, keep track of any missed shifts, inform respite staff of upcoming training, and keep track of hours worked to ensure you are not using more than your Agreement allows. **PLEASE NOTE that if more hours are used than what your FSCD Agreement allows, the family is responsible to pay out that staff member for their hours worked.** If you have any questions, please Call me at 1-877-539-0433 Ext. 108.



February 1, 2012

#### UPCOMING EVENTS

- BOOKS FOR BABIES
- MOM'S SUPPORT GROUP
- NONVIOLENT CRISIS INTERVENTION
- ANNUAL ABORIGINAL FOSTER PARENT RETREAT
- FASD SUPPORT GROUP
- ABUSE PROTOCOL

### PARENT LINK CENTER

The Parent Link Center is offering Parent Education in the new year and there will be free childcare available upon request. To register or for more information please call 780-532-9684.

#### 9 Ways to Bring Out the Best in You & Your Child

- Tuesdays, January 17th to February 28th 6:30pm to 8:30pm

#### Active Parenting for Step Families

- Thursdays, January 26th to March 1 6:30pm to 8:30pm

#### Positive Discipline

- Mondays, January 16th to February 20 9:30am to 11:30am.

### Timesheets

I was recently talking to Meghan Mulloy and she told me that timesheets need to be filled out a specific way in order for us to be paid.

1. Start and end times must be filled out.
2. The hours must be filled out according to the service provided (respite under hourly respite, community support under community support aide, etc.)
3. Timesheets must be signed by the respite aide as well as the guardian/parent.

Thanks!

#### IN THIS ISSUE:

EXPRESSIVE LANGUAGE DISORDER	2
COFFEE & HOT CHOCOLATE TIME	2
2012 ANNUAL DRY CURLING BONSPIEL	2
OUR LADY QUEEN OF PEACE RANCH	3
VIETNAMESE SALAD ROLLS	3
INFO BINDERS	3
FEBRUARY CALENDAR	4

## Expressive Language Disorder

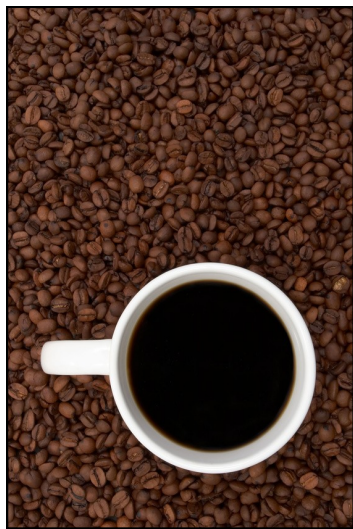
Expressive Language Disorder is a developmental disorder where a child has problems expressing themselves in speech and they often struggle to get their meaning or message across to others. Often the child has a limited vocabulary, difficulty recalling words, and producing long or complex sentences. Children with expressive language disorder may also leave words out of a sentence when speaking or use the wrong tense (past, present, future) when speaking. They may also start speaking later than other children and may experience delays acquiring expressive language. Expressive language is a person's ability to express their own thoughts and ideas using language.

Standard expressive language and non-

verbal intellectual tests, and in some cases, functional assessments should be conducted if an expressive language disorder is suspected. An audiogram should also be done to ensure that the child is not deaf as this is one of the most common causes of language problems in young children.

Expressive language disorder may interfere with academics as well as social communication. Speech therapy and social skills therapies may benefit children with this disorder.

For more information please contact Jenna at 780-539-0433 Ext. 108 or Heather at 780-539-0433 Ext.120.



## Coffee Time

**who:** All the kids and parents in the Family Support Program.

**what:** Get together to chat, play games, share experiences, etc.

**where:** ASLS Boardroom (#205, 10006-101st Ave)

**why?** To have fun, of course!

**when:** February 9th, 2012

## Grande Prairie's 2012 "Dry" Curling Bonspiel

On February 25th and 26th the 2012 Annual Dry Sweepers Curling Bonspiel is being held at the Sexsmith Curling Club.

- It is \$140/team to register and supper is included.

- Minimum 16 teams are needed.
- Single entries are welcome.
- All levels are welcome to attend.

For more information or to register email  
[dryevents@grandeprairieaa.ca](mailto:dryevents@grandeprairieaa.ca)



## Our Lady Queen of Peace Ranch

There is a free weeklong summer camp in Northeast Edmonton available for children with who are unable to experience summer recreational programming due to finances. This camp starts July 1st and runs from Sunday to Friday until August 24th. There will also be free week-

end camps for families that run Friday to Sunday from June 29th to August 19th.



Activities include canoeing, hiking, sports and games, wagon rides, campfires, theme days and more.

For more information and to register call 780-475-7259 or checkout their website at [www.ourladyqueenofpeace.com](http://www.ourladyqueenofpeace.com).



## Vietnamese Salad Rolls

### Ingredients:

- 1 (8 ounce) package of Rice Vermicelli
- 8 ounces cooked, peeled Shrimp (cut in half lengthwise)
- 8 Rice Wrappers (6.5 inches in diameter)
- 1 Carrot, julienned
- 1 cup of Lettuce, shredded
- 1/4 cup fresh Basil, chopped
- 1/2 cup Hoisin Sauce
- Water as needed



1. Bring medium saucepan of water to a boil then remove from heat. Place rice vermicelli in water and soak for 3-5 minutes (until soft). Drain and rinse with cold water.
2. Fill a large bowl with hot water. Dip one rice wrapper in the hot water for 1 second to soften. Lay the wrapper flat and place the desired amounts of noodles, shrimp, carrot, lettuce and basil in the center (usually 2 pieces of shrimp, 1 basil leaf). Roll the edges of the wrapper slightly inward beginning at the bottom edge of the wrapper and tightly wrap the ingredients. Repeat with remaining ingredients.
3. In a small bowl, mix the hoisin sauce with water until the desired consistency has been attained, heat the mixture in the microwave for a few seconds.
4. Serve the salad rolls with the warm dipping sauce.

### New Year Visits

Thank you to everyone that I have met with so far this year. It is really great to get out and meet you and hear your concerns and thoughts about the Family Support Program. I am continuing to meet with families and I look forward to meeting you all! If there are dates and times that work for you please feel free to call and book a time I can come visit. Thanks again!!

## INFO BINDERS

We have started to create disability information binders for various disabilities. These binders will be filled with the latest updates and information on a specific disability. It will also have various resources (on-line, book, magazine, etc) for you to access if you are looking for ideas, information, etc. The binders will be kept here at the ASLS Family Support Office and if you are interested in borrowing them please just give us a call.

Also, if you have any information, resources (in Grande Prairie or area) or contacts that have been a source of information and help please pass them on to us here so that we can include them and help other families.

You can pass the info on by email, mail or just drop it off here at the office.

# MONTHLY ACTIVITIES FEBRUARY 2012



<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
			<b>1 Books for Babies:</b> 9:30 to 11:00 at the Parent Link Center.	<b>2 Mom's Support Group:</b> from 1:30 to 3:00 at the Parent Link Center	<b>3 Multiples Support Group:</b> 10:00 to 11:30 at the Parent Link Center	<b>4</b> 
<b>5</b>	<b>6</b>	<b>7 Nonviolent Crisis Intervention:</b> 8:30am to 4:30pm ASLS boardroom. Contact Jenna register 780-539-0433 Ext. 108.	<b>8 Books for Babies:</b> 9:30 to 11:00 at the Parent Link Center. 	<b>9 Mom's Support Group:</b> from 1:30 to 3:00 at the Parent Link Center (Alberta Health Services)	<b>10 Annual Aboriginal Foster Parent Retreat:</b> Sawridge Motor Inn, Peace River, AB	<b>11 Annual Aboriginal Foster Parent Retreat:</b> Sawridge Motor Inn, Peace River, AB
<b>12 Annual Aboriginal Foster Parent Retreat:</b> Sawridge Motor Inn, Peace River, AB	<b>13</b>	<b>14 Happy Valentine's Day!!</b> 	<b>15</b>	<b>16 Mom's Support Group:</b> from 1:30 to 3:00 at the Parent Link Center	<b>17 Multiples Support Group:</b> 10:00 to 11:30 at the Parent Link Center 	<b>18</b>
<b>19</b>	<b>20 Family Day</b> ASLS Closed 	<b>21 FASD Support Group:</b> Call Carol @ 1-877-539-0433 Ext. 127 <b>Abuse Protocol:</b> Call Joan @ 1-877-539-0433 Ext. 102.	<b>22 Abuse Protocol:</b> 6:00 to 9:00 at the ASLS Office.	<b>23 Mom's Support Group:</b> from 1:30 to 3:00 at the Parent Link Center (Alberta Health Services)	<b>24 Multiples Support Group:</b> 10:00 to 11:30 at the Parent Link Center	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>			

**Jenna Leflar, Family Support Program Coordinator 1-877-539-0433 Ext. 108**  
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